



DEER PARK

LEDBURY

A PORTHAVEN CARE HOME

LISTENING LOUNGE

Second Thursday of the month
3.00pm – 4.30pm

Do you have a loved one who is living with dementia and need somebody to talk to? Then we would like to invite you to join us at our monthly Listening Lounge, held in collaboration with Dementia Matters Here(fordshire).

This is an informal safe space where you can speak your mind with no fear of prejudice or judgement, enjoy peer-to-peer support, form lasting friendships to help you through your toughest moments and celebrate the good times over a cup of tea and cake.



**To book your free space or find out more
please contact Vivienne Hill on 01531 800 700
or email csm.deerpark@porthaven.co.uk**

EVENT VENUE

DEER PARK CARE HOME

Martins Way, Ledbury, Herefordshire HR8 2XW

porthaven.co.uk

DEMENTIA MATTERS

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